

# WEEK 3

W/C: 02/05 23/03 13/06 04/07 25/07 05/09  
26/09 17/10

**HOT  
SPECIALS...**

**DAILY  
FAVES...**

**SIDES...**

**PICK A  
PUD!**

**MONDAY**

**Macaroni Cheese** 🍷  
Traditional Mac N Cheese,  
delicious macaroni in a  
creamy cheese sauce

**Vegetarian Sausage  
with Mashed Potato  
and Gravy** 🍷  
Veggie sausage and mash  
with rich gravy

**Packed Lunch**  
See below for details  
**Jacket Potatoes** 🍷  
A choice of hot and cold  
fillings  
**Tomato Pasta** 🍷  
Fresh, homemade tomato  
and basil sauce with  
penne pasta

**Peas  
and  
Carrots**

**Oaty  
Biscuit  
with Fresh  
Cut Fruit  
Slices** 🍷

**TUESDAY**

**Allegra's Chilli Con  
Chicken and Sweet  
Potato Bake** 🍷  
Baked wedges of sweet  
potato, topped with tomato  
chicken & tortilla crunchies

**Allegra's Cheesy  
Peasy Risotto Bake** 🍷  
A delicious baked cheesy,  
pea risotto

**Packed Lunch**  
See below for details  
**Jacket Potatoes** 🍷  
A choice of hot and cold  
fillings  
**Tomato Pasta** 🍷  
Fresh, homemade tomato  
and basil sauce with  
penne pasta

**Broccoli  
and  
Green  
Beans**

**Carrot  
Cake with  
Citrus  
Frosting**

**WEDNESDAY**

**Tender Roast Gammon  
with Roast Potatoes &  
Gravy**  
Tender roast gammon with  
fluffy roasties and tasty  
gravy

**Quorn Roast with  
Roast Potatoes and  
Gravy** 🍷  
Delicious Quorn roast with  
fluffy roasties and tasty  
gravy

**Packed Lunch**  
See below for details  
**Jacket Potatoes** 🍷  
A choice of hot and cold  
fillings  
**Tomato Pasta** 🍷  
Fresh, homemade tomato  
and basil sauce with  
penne pasta

**Carrots  
and  
Cabbage**

**Strawberry  
Ice Cream**

**THURSDAY**

**Beef Meatballs in  
Tomato Sauce with  
Pasta** 🍷  
Delicious beef meatballs in a  
tasty tomato sauce with  
pasta

**Veggie Lasagne  
served with a Bread  
Wedge** 🍷  
Delicious sheets of pasta  
layered with veggies and  
tomato sauce

**Packed Lunch**  
See below for details  
**Jacket Potatoes** 🍷  
A choice of hot and cold  
fillings  
**Tomato Pasta** 🍷  
Fresh, homemade tomato  
and basil sauce with  
penne pasta

**Broccoli  
and  
Sweetcorn**

**Chocolate  
Sponge  
Cake**

**FRIDAY**

**Southern Fried Chicken  
Tasters with Chips**  
Lightly seasoned crispy  
chicken strips and scrummy  
chips

**Veggie Soft Taco and  
Chips** 🍷  
A soft taco shell filled with a  
yummy veggie tomato chilli

**Packed Lunch**  
See below for details  
**Jacket Potatoes** 🍷  
A choice of hot and cold  
fillings  
**Tomato Pasta** 🍷  
Fresh, homemade tomato  
and basil sauce with  
penne pasta

**Baked  
Beans  
and  
Peas**

**Cheese &  
Biscuits**

**PACKED LUNCH - AVAILABLE DAILY**  
HAM AND CHEESE OR DAILY SPECIAL  
WITH VEG STICKS AND FRESH FRUIT OR  
BEAR YOYO OR DESSERT OF THE DAY

CHART2021-3WSTEAM\_717942

**Chartwells**  
So much more than Fantastic Food

# THREE WEEK MENU

SPRING/SUMMER 2022

**£2.34**

OUR NEW MENU  
CHOSEN BY  
PARENTS AND  
CHILDREN

YOUR  
FAVOURITES  
AVAILABLE  
EVERY DAY



# WEEK 1

W/C: 18/04 09/05 20/06 11/07 12/09 03/10

## HOT SPECIALS...

## DAILY FAVES...

## SIDES...

## PICK A PUD!

MONDAY

**Veggie Burrito** 🌱 🌱 🌱  
A soft wrap filled with lightly spiced veggies and rice

**Macaroni Cheese** 🌱  
Traditional Mac 'N' Cheese, delicious macaroni in a creamy cheese sauce

**Packed Lunch**  
See below for details  
**Jacket Potatoes** 🌱 🌱  
A choice of hot and cold fillings  
**Tomato Pasta** 🌱 🌱  
Fresh, homemade tomato and basil sauce with penne pasta

**Green Beans and Sweetcorn**

**Raspberry Ripple Ice Cream**

TUESDAY

**Allegra's BBQ Chicken Burger, Corn and Pineapple Relish with Potato Wedges**  
BBQ chicken breast burger with zingy corn relish

**The Incredible Burger served with Potato Wedges** 🌱  
Meatless burger in a soft bap with ketchup

**Packed Lunch**  
See below for details  
**Jacket Potatoes** 🌱 🌱  
with Assorted Fillings  
**Tomato Pasta** 🌱 🌱  
Fresh, homemade tomato and basil sauce with penne pasta

**Sweetcorn and Broccoli**

**Brownie**

WEDNESDAY

**Roast Chicken with Roast Potatoes & Gravy**  
Succulent roast chicken with fluffy roasties and tasty gravy

**Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy** 🌱 🌱  
A chunky sweet potato and chickpea roast

**Packed Lunch**  
See below for details  
**Jacket Potatoes** 🌱 🌱  
A choice of hot and cold fillings  
**Tomato Pasta** 🌱 🌱  
Fresh, homemade tomato and basil sauce with penne pasta

**Carrots and Cabbage**

**Shortbread Biscuit with Fresh Cut Fruit Slices** 🍌

THURSDAY

**Beef Bolognese** 🍖 🍖  
A classic Italian beef bolognese in a yummy tomato sauce

**Quorn Hot Dog with Potato Wedges** 🌱  
A delicious Quorn hot dog

**Packed Lunch**  
See below for details  
**Jacket Potatoes** 🌱 🌱  
A choice of hot and cold fillings  
**Tomato Pasta** 🌱 🌱  
Fresh, homemade tomato and basil sauce with penne pasta

**Broccoli and Sweetcorn**

**Banana & Apricot Flapjack with Fruit Slices** 🍌

FRIDAY

**Golden Fish Fingers and Chips**  
Crispy fish fingers with scrummy chips

**Quorn Nuggets and Chips** 🌱  
Crispy Quorn nuggets with their fave sauce - ketchup

**Packed Lunch**  
See below for details  
**Jacket Potatoes** 🌱 🌱  
A choice of hot and cold fillings  
**Tomato Pasta** 🌱 🌱  
Fresh, homemade tomato and basil sauce with penne pasta

**Baked Beans and Peas**

**Orange, Sultana & Carrot Slice**

**PACKED LUNCH - AVAILABLE DAILY**  
HAM AND CHEESE OR DAILY SPECIAL  
WITH VEG STICKS AND FRESH FRUIT OR  
BEAR YOYO OR DESSERT OF THE DAY

# WEEK 2

W/C: 25/04 16/05 06/06 27/06 18/07 19/09 10/10

## HOT SPECIALS...

## DAILY FAVES...

## SIDES...

## PICK A PUD!

MONDAY

**Veggie Bolognese** 🌱 🌱 🌱  
Yummy veggie Bolognese with pasta

**Cheese and Tomato Pizza** 🌱 🌱  
Cheesy tomato topped pizza slice

**Packed Lunch**  
See below for details  
**Jacket Potatoes** 🌱 🌱  
A choice of hot and cold fillings  
**Tomato Pasta** 🌱 🌱  
Fresh, homemade tomato and basil sauce with penne pasta

**Cucumber Sticks and Carrot Sticks**

**Flapjack with Fruit Slices** 🍌 🌱

TUESDAY

**Allegra's Asian Sticky Noodles**  
Chicken and vegetables in sweet sauce with noodle

**Allegra's Fruity Cous Cous**  
With Mint Yoghurt and Pitta Crisps

**Packed Lunch**  
See below for details  
**Jacket Potatoes** 🌱 🌱  
A choice of hot and cold fillings  
**Tomato Pasta** 🌱 🌱  
Fresh, homemade tomato and basil sauce with penne pasta

**Cauliflower and Peas**

**Orange Shortbread with Fruit Slices** 🍌

WEDNESDAY

**Roast Turkey with Roast Potatoes & Gravy**  
Roast turkey with fluffy roasties and tasty gravy

**Creamy Vegetable Pie with Roast Potatoes and Gravy** 🌱  
Creamy vegetable pie with a cheesy shortcrust topper

**Packed Lunch**  
See below for details  
**Jacket Potatoes** 🌱 🌱  
A choice of hot and cold fillings  
**Tomato Pasta** 🌱 🌱  
Fresh, homemade tomato and basil sauce with penne pasta

**Cabbage and Carrots**

**Raspberry Yoghurt Cake**

THURSDAY

**Beef Lasagne with a Garlic & Herb Bread Wedge** 🍖  
A classic Italian layered pasta dish with beef mince

**Mild Chickpea and Potato Curry with Rice** 🌱 🌱 🌱  
Tasty chickpea and potato curry served with rice

**Packed Lunch**  
See below for details  
**Jacket Potatoes** 🌱 🌱  
A choice of hot and cold fillings  
**Tomato Pasta** 🌱 🌱  
Fresh, homemade tomato and basil sauce with penne pasta

**Mixed Salad**

**Fruity Chocolate Brownie**

FRIDAY

**Battered Fish Fillet with Chips**

**Tomato Veggie Burger with Chips** 🌱  
A delicious veggie burger in a soft bap with chips

**Packed Lunch**  
See below for details  
**Jacket Potatoes** 🌱 🌱  
A choice of hot and cold fillings  
**Tomato Pasta** 🌱 🌱  
Fresh, homemade tomato and basil sauce with penne pasta

**Peas and Baked Beans**

**Vanilla Ice Cream**

**AVAILABLE EVERY DAY**  
WATER, SALAD, FRESHLY BAKED BREAD,  
YOGHURT & FRESH FRUIT

🌱 Vegetarian 🐟 Oily fish 🍷 Wholegrain 🍏 Fruity! 🍷 Nutritionist's Choice